

IMPACT SOLUTIONS WORK LIFE SEMINARS

COMMUNICATION 101: SKILLS FOR EFFECTIVE COMMUNICATION



Is it possible to over communicate? Can someone's tone of voice or body language sabotage their relationships? Is altering one's communication style depending upon when, where, and to whom they are speaking a good idea? Learn the facts about skillful communication. By distinguishing between communication myths and truths, recognizing the benefits and drawbacks of your current communication style, and identifying some key but essential skills, you can become a more competent, confident, and successful communicator. This workshop will help you effectively interact with students, patrons, co-workers and supervisors!

Date: Wednesday, November 8, 2017

Time: 12:00PM – 1:00PM

Location: Kilcawley Center – Jones Room

Presenter: Andrea Peck, M.A.

To Register: Go to wellness.ysu.edu

Once logged in, go to [Upcoming Events](#), then click the event of interest on the calendar and [Register](#).

For more information contact Carrie Clyde, Wellness Coordinator, at 330.941.3360 or crcl Clyde@ysu.edu.

