



Hubbard Snap- Corporate Discount- YSU

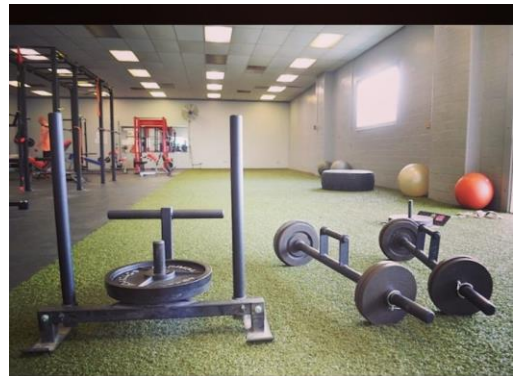
FREE Enrollment & 10% Off Monthly Dues

FREE Group Class Instruction

Small Group *Personal Training*



Lifting Team



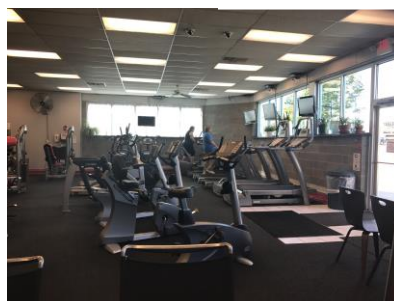
Athletic Development & Youth Training (Strength, Speed &

Full Gym



Dave Stallard

Degrees: Mercyhurst College, Bachelor's in Sports Medicine
Master's: University of Pittsburgh, Health & Physical Activity
Certifications: CSCS (Certified Strength and Conditioning Coach) through the NSCA (National Strength and Conditioning Association).
I specialize in assessment and correction of posture to enhance performance or to decrease pain.



Come and meet the staff, instructors and trainers.

123 East Liberty Street Across from the Post Office
330-534-0101
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