



**YOUNGSTOWN
STATE
UNIVERSITY**

Water Bottle Refilling Stations

Water refill stations serve multiple purposes. These stations are convenient, save you money, and help the environment. Thousands of plastic bottles are thrown away every day and later disposed of in a landfill. Refilling reusable water bottles at a refill station reduces the number of plastic containers that end up in the landfill.

To add, hydration is an essential part of cellular regeneration. Being properly hydrated keeps your blood at the right consistency and volume allowing for:

- Delivery of oxygen to muscles
- Removal of waste
- Lubrication of joints
- Keeping the skin nourished
- Proper kidney function
- Temperature regulation
- Proper digestion
- Weight maintenance

Stop by one of YSU's eco-friendly hydrating Water Bottle Refilling Stations today!

- **Andrews Student Recreation & Wellness Center**
- **Beeghly Center** (3rd floor)
- **Beeghly College of Education** (1st floor)
- **Bliss Hall** (2nd floor)
- **Cushwa Hall** (1st floor)
- **DeBartolo Hall** (1st floor)
- **Kilcawley Center** (2nd floor)
- **Maag Library** (3rd floor)
- **Stambaugh Stadium** (1st floor)
- **new** **Tod Hall** (2nd floor)
- **WATTS Center**
- **Williamson College of Business** (3rd floor)

